

2012 Annual Report

CELEBRATING 10
YEARS



Winner of the
Sergio Vieira de Mello
Human Rights Award
2009

About PRADET

PRADET stands for Psychosocial Recovery and Development in East Timor. It was constituted as a national NGO in 2002 and now provides psychosocial services for people who have experienced trauma, mental illness, domestic violence, sexual assault, child abuse, abandonment, trafficking, imprisonment and torture. 2012 was the 10th Anniversary of PRADET's constitution as a national NGO.

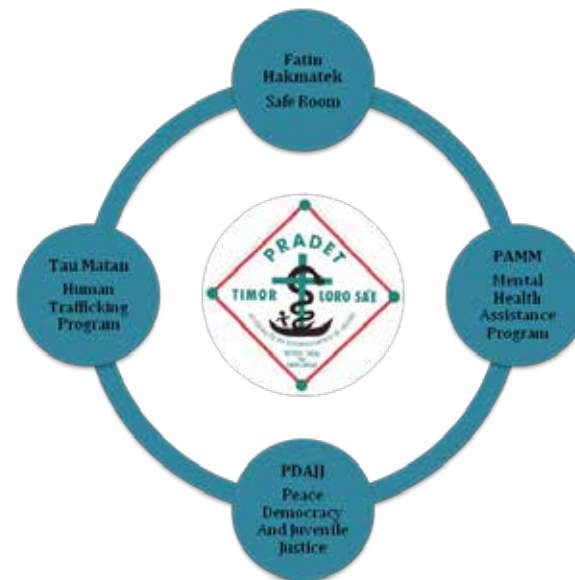
Our Vision

To alleviate trauma and stress as a detrimental factor in the community life of Timor-Leste

Our Mission

By strengthening its working relationships with the Ministries of Health, Justice and Social Solidarity (MSS), other government departments such as PNTL (Police), local and international NGOs, Church and other community groups, PRADET provides psychosocial support to men, women, children and families who suffer from trauma, violence and other social problems. This support is delivered through culturally sensitive community education, training and rehabilitation. PRADET's staff provide counseling and community development programs as well as policy development at both local and national levels.

Our Programs



A Message from the Chair of PRADET Board

It is a great pleasure to present to you PRADET's Annual Report for 2012, which we regard as another effective year for our organisation

What continues to motivate me to remain committed to supporting PRADET, as the first organisation to provide essential services for trauma victims, is the opportunity to contribute to the recognition of this organisation's fascinating vision to address trauma matters in Timor Leste.

PRADET has inspired many other service providers, stakeholders and community members to support each other to provide better service for those who need it. The organisation continues this work based on our mission and vision and to improve our quality of services through getting more experience and learning lessons from the field. Suggestions and ideas from others continue to improve direct intervention strategies and prevention activities that then help to achieve better outcomes from our service.

PRADET is improving year by year as a service provider. We are expected to make our service more professional. However in order to achieve our expectation then of course we need other partners to stretch their hand to support us to achieve our expectations.

In 2012 PRADET has made more progress to contribute to the development of the response to psychosocial problems in Timor Leste. This has been realised through more facilities being built in the districts such as Oecusse and Suai to enable better access to services for people who need professional support.

Psychosocial services that are provided by PRADET aim to make a balanced contribution to enhancing the rights of the survivor groups by improving their lives in their family and community. The service has kept tracking through the support from Government, stakeholders, donors, local leaders and community. We expect this relationship to be well maintained and to develop in the future.

I would like to sincerely thank the donors, Government and civil society stakeholders and other wonderful friends/people who provide support to PRADET during the year of 2012. We could not achieve good outcome from our services without their support.

Finally I want to acknowledge the worthy work of PRADET staff, both administrative and professional staff, who have dedicated their time to support each other during the year.

Silverio Pinto Baptista

Chairman PRADET Board



Director's Message

PRADET has passed another year continuing to provide services for people who have experienced psychosocial problems in Timor Leste.

Our service in 2012 has served many beneficiaries who need proper assistance with a timely and professional response by working together with our relevant partners, local authorities and the community in general. Services are delivered by direct intervention, promotion of the referral pathways, programs for information and prevention and advocacy for better psychosocial support and needs for our clients.

During the year we have achieved many significant outcomes including the completion of the new PRADET office in HNGV, the extension of Fatin Hakmatek to Oecusse and Suai Hospitals, and provision of a program to assist Families of the Missing.

PRADET contributes to the development and improvement of the relevant sectors in Timor Leste, through increased awareness, education and support.

PRADET's work has contributed significantly to improving the lives of vulnerable people, specifically those who experienced trauma, mental problems, domestic violence, sexual assault, child abuse, imprisonment and human trafficking. All PRADET's programs have a human rights based approach that encourages us and our stakeholders to provide professional services for clients and their families.

As the organisation keeps growing we have faced many challenges during the year. However, we continue the work to achieve our goals and thank those from Government, donors, Board members and partners who have supported us. More effective communications with all of the above has resulted in a progressive year for PRADET.

Manuel dos Santos

Director of PRADET



In 2012, PRADET provided psychosocial support to 674 people including 382 women, 134 men and 158 children under eighteen. This included;

- 307 people experiencing mental illness or other psychosocial disability and their families
- 166 victims of domestic violence
- 80 victims of sexual assault, just under half of all victims of sexual assault were under 18 years of age
- 2 victims of physical child abuse
- 33 women who have been abandoned
- 22 imprisoned young men
- 41 people in 72 hour detention
- 3 previous victims of human trafficking

73% of people receiving psychosocial support were women or girls. PRADET provided community education to 2431 people via 59 workshops throughout Timor-Leste. These workshops included information on Alcohol and other Drugs, Managing Emotions, Mental Health, Human Trafficking and Gender Based Violence prevention.

PRADET through each of its programs provides advocacy and awareness raising to government and civil society organizations about the issues faced by our clients.

In 2012 PRADET also provided registered training and other information to government agencies, health professionals, community and national police, legal professionals and service providers.



The impact of PRADETs work in 2012

- Equitable access to both physical and psychological treatment
- Access to justice for victims of gender based violence
- Recovery and (re)integration into the community
- Community and family support
- Reduction of stigma
- Community awareness about gender based violence, mental health and alcohol and drugs
- Improved community, service provider and government response to vulnerable people

PRADET's History

In 2000, fifteen East Timorese health workers were employed to establish the first mental health service in Timor Leste after a 7 weeks training course in Sydney in February/March 2000. This first PRADET was an Australian consortium, funded by AusAID,

The new service, originally directed by Australian Kristina Tang and then later by Diamantino de Jesus, was established in the old Nursing School at Lahane in April 2000. An Australian Social Worker, Susan Kendall came arrived in May 2000 to mentor the new team. Mental health and trauma services were viewed as a priority for the country.

By May 2001 PRADET had approximately 400 patients

In October 2000, Australian Dr Kim de Vahl Baker commenced providing psychiatric services to patients, including people with epilepsy, while mentoring the new staff. Many other people, mainly from Australia and Singapore, provided support and training. Because of the magnitude of the problem it was decided to establish

services in the western districts first and then move to the east.

By May 2001, PRADET had approximately 400 patients with serious mental illness. PRADET received many referrals from UNHCR and the program was able to continue when UNHCR agreed to fund the service from June until December 2001. In 2002 all patients, equipment and resources were handed over to the very new Government program Saúde Mental. 4 of the first PRADET staff continued with the government program.

In January 2002 PRADET (Timor Lorosae) commenced as a National NGO. One room was rented in Vila Verde and the first National staff member, Ivo Ireneu Freitas, was paid through donations with the Australians working as volunteers.

In February 2002, PRADET received funding from UNICEF to facilitate a Preliminary Study on the Incidence of Child Abuse and Child Trafficking in Timor Leste. The funding from UNICEF meant that 5 national staff could then be employed. UNICEF also provided a vehicle.

In March the UNICEF project was extended to train and support staff and community to establish 4 Child Friendly Spaces in 4 Districts.

More national staff were recruited, some starting as volunteers until salaries were secured. These included Mira Martins da Silva who eventually became the first National Director of PRADET in December 2003, when Kristina Tang left.

The UNICEF program ended in December 2002. In July 2002 Global Ministries (Holland) commenced funding the Child at Risk Program that later became the **PDAJJ** (Prison Program).

In early 2003, the **PAMM** program commenced, supported by CBM (Christian Blind Mission) based in Germany. CBM became the main donor for PRADET, with an initial commitment of 5 years funding.

In August 2002 PRADET moved to a bigger office in the Veterans Compound in Taibessi, donated by Xanana Gusmao. The new PRADET office building had previously been occupied by officers in the Indonesian Army so it had normal windows. Other buildings in the compound had only narrow gun slits and no windows.

In February 2002 Mira Martins da Silva, together with Susan Kendall presented a paper at the International Women's Conference held at the University of Sydney. A request to the participants at the Conference for support for the new PRADET, raised AUS\$3,000.00 plus a new computer.

This was extended and continues to the present time. Initially there were five mental health workers and one driver. Staffing gradually increased to include

management, finance and administration and one vehicle.

Fatin Hakmatek (Safe Room) was established in October 2002, in the Maternity ward of the National Hospital in Dili, (HNGV), with a grant from IRC (International Rescue Committee). Luisa Marcal who was the first Senior PRADET staff member coordinating the mental health services in 3 districts in 2000/2001, returned to the new PRADET in 2002 and became the Coordinator of Fatin Hakmatek, a position she still holds. In 2003 UNFPA became the main donor for Fatin Hakmatek, funding a fulltime International Mentor position that was shared by Kathryn Robertson and Susan Kendall.

In 2004, after much consultation, the first draft of the Medical Forensic Protocol was produced and used. It has since been revised numerous times.

In 2009 PRADET was awarded the de Mello Humanrights Award.

With approximately 15 new staff and the new office in Taibessi, PRADET was on its way to becoming the service it is today. Of the staff employed by 2004, 9 staff remain with PRADET.

In 2005 the Ministry of Health and HNGV donated hospital land to PRADET and the new Fatin Hakmatek facility was built, funded by Caritas Australia. Uma Fatin Hakmatek was opened in 2006.

In 2006 after the crisis, PRADET provided a one day Trauma Support Workshop as part of the reintegration program for all PNTL. This was provided once a week to small groups of 25/30 PNTL participants and took about 12 months to complete. It was funded by TLPDP (Australian Federal Police, Timor Leste Police Development Program). This created an excellent working relationship with PNTL that continues to this day.

In May 2012 PRADET was visited by the Governor General of Australia, Her Excellency Ms. Quentin Bryce and the Australian Ambassador for Women and Girls, Ms. Penny Williams, attended the Inauguration of Fatin Hakmatek in Suai in 21st September 2012. The US Ambassador Judith Fergin visited PRADET on 29th November and gave her support for the Tau Matan program.

In 2008 HNGV donated another block of land next door to Fatin Hakmatek and building commenced on the new PRADET office.

In 2009 PRADET commenced the pilot Program on Use and Abuse of Alcohol in Baucau and Gleno prison. This has now expanded to include information about drugs and management of emotions.

In October 2009 PRADET was funded by IOM to establish a Counter Trafficking Program (Tau Matan). A refuge was established, staffed by 5

shelter workers and a total of 32 (both female and male) beneficiaries were assisted. The refuge was closed in 2011 when IOM closed their program. PRADET however continues to employ one worker to keep this important program alive.

PRADET left Taibessi in April 2010 and moved to the new office in HNGV.

In 2011 the Justice Facility became the most significant donor for Fatin Hakmatek and PDAJJ.

Manuel dos Santos became the Acting Director and then finally in 2012 he was appointed as the new Director of PRADET.

PRADET 2012

Today PRADET has four programs, 45 staff and Fatin Hakmatek facilities in three districts, Dili, Oecusse and Suai. PRADET works together with the Ministry of Health and the Ministry of Social Solidarity as well as its many government agencies including PNTL and the Office of the Prosecutor, partners and donors to provide services throughout Timor-Leste.

PRADET has had the consistent support of a range of partners over its ten years as well as international mentors and other supporters. PRADET is also proud to continue to have the commitment of many long-term staff members, who have weathered crises and periods of instability.

PRADET would like to acknowledge the commitment of long-term staff including; Luisa Marcal (2000), Luisa De Jesus, Natalina De Jesus Amaral (2003) Manuel so Santos, Nogueira Soares, Jeremias M M Filipe (2004) and all other staff. These are the people who have kept PRADET strong.

I like working in Fatin Hakmatek because this program benefits victims. When they experience problems they can pass on their story to us and we can help them to address their problems. I also like working at PRADET because I always learn many things that help me in my own life, like managing stress!

Luisa Marcal, Program Coordinator - Fatin Hakmatek.



AMM - The Mental Health Assistance Program

The Programa Assistencia Moras Mental – (PAMM) Mental Health Assistance Program, provides assessment, follow-up psychosocial support and referral for people experiencing psychosocial disabilities and mental illness. The program also delivers community education on mental health and identifying stress, trauma and mental illness to community members.

The program currently covers 8 of Timor-Leste's 13 districts. Since its commencement in 2003 until December 2012, PAMM has provided services to over 1255 individuals who experience mental illness and other psychosocial disabilities.

Services for people with mental illness in Timor-Leste are extremely limited. PRADET is the only NGO providing community based services specifically for people with mental illness, and one of very few organisations that work in the area of mental illness. Staff work closely with local government officials, NGOs and International Agencies to provide optimum care. Major government partners in 2012 included the Ministry of Health through the Department of Mental Health case managers, whose responsibility it is to ensure access to medication for clients in all 13 districts. PAMM also works closely with the Ministry of Social Solidarity who support follow up visits, as well as providing material aid such as food, clothes and tools to PAMM clients.

In 2012 support was provided from CBM to extend the PRADET office to accommodate a Psychosocial Rehabilitation Centre. The new service is planned to commence in 2013. The centre will provide occupational therapy, counselling and group therapy, recreational and skills based programs to people recovering from mental illness and other psychosocial disabilities.



In 2012 PAMM provided assessment to 71 new clients referred by Saude Mental Case Managers, family members or other services. Altogether in 2012, PAMM provided services to 307 clients and their families in 8 districts. 189 were women, 93 were men and 25 were under 18 years of age. Follow-up includes counselling, psycho-education, family support and material aid (provided by the Ministry of Social Solidarity)

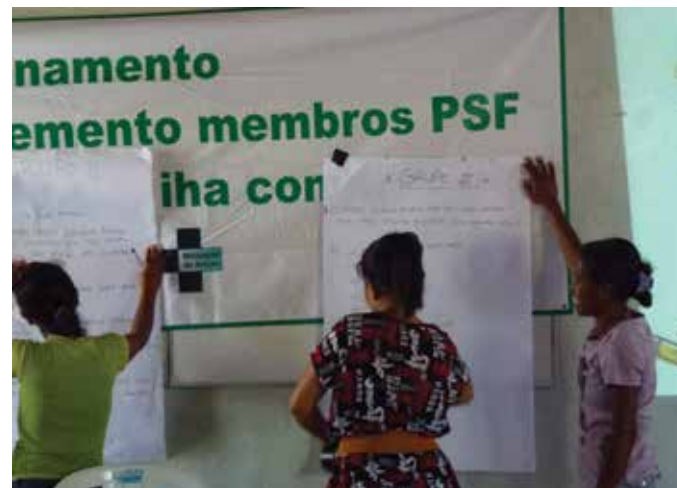
PAMM continues to find people with mental illness who have inadequate support and no medication. Attitudes to mental illness and disability still impact on the level of care individuals get within their community as well as access to medication and alternative strategies for managing behaviour. In some situations people with mental illness are still chained or locked up by their families, PAMM provides information and support to families and communities in order to reduce the incidence of restrictive and inhumane treatment of people with mental illness.

Advocacy

In 2012 PAMM participated in World Mental Health Day and International Day of the Disabled Person. The PAMM staff hope that continued participation in such events will result in mental health becoming a priority within health and community services in Timor-Leste.

Community Education

As well as providing direct client services PAMM promotes public awareness of mental health issues and provides information in order to reduce the stigma associated with mental illness and other psychosocial disabilities. In 2012 PAMM provided two-day Community Education workshops for 274 community leaders. In addition 224 people received three-day Train the Trainer workshops with SISCA Family Health Promoters in 8 districts. Both workshops include information about identifying stress, trauma and mental illness, management of emotions, treatment options and referral pathways.



The Families of the Missing

Families of the Missing (FoM) was an International Red Cross (ICRC) pilot program designed to give psychosocial support to people who have family members who disappeared during the Indonesian occupation of Timor-Leste. The aim of the program was to provide psychosocial support to those families to reduce their isolation and improve their quality of life.

The pilot program was managed by ICRC and included 2 facilitators from the PAMM program, 2 facilitators from the NGO HAK, 3 from ICRC, and a local community member. The FoM team visited 8 families in their homes for an initial assessment and case plan. They then provided individual counseling and other assistance such as food, clothing and tools. FOM referred to other services such as health, legal and MSS (Ministry of Solidarity).

FoM established Psychosocial Support Groups to provide links among the families of missing persons in order to reduce their emotional isolation and to encourage mutual support. In 2012 144 individuals who have missing family members participated in information sessions and support group meetings.



Tau Matan

Tau Matan was originally funded by IOM as a Counter Trafficking program, and then later by UNMIT Human Rights Transition Justice Section (HRTJS) until December 2011. Five case workers and one driver provided direct assistance in a safe shelter in Dili for victims of human trafficking. Victims included women, men and children of both sexes, aged 15 -38; both national and international. In co-operation with IOM, Tau Matan assisted in providing international victims safe return to their country of origin. Tau Matan also provided information to communities in order to raise awareness about human trafficking and the

associated risks, with the aim of preventing sexual and labour exploitation.

After the refuge closed due to lack of funding in December 2011 the program was suspended. In May 2012, PRADET received a small grant from the US Ambassador's Small Grant Fund and MSS to employ one worker to continue with community education and victim support, thus keeping the program alive. PNTL reported there had been no investigations of trafficking so there were no referrals of victims to PRADET during this period.

Psychosocial support

Although there were no new victims of human trafficking referred to Tau Matan, the program continues to support three Timorese women who were previously victims of trafficking. Each woman

was visited twice between May and December 2012, in these home-visits women were given psychosocial support including support to continue livelihood activities, emotional support and material aid.

Community Education

In 2012 Tau Matan staff delivered community education about Human Trafficking to 120 participants in 4 workshops in Ainaro, Balibo, Dili and Maubara.

Advocacy

The Tau Matan Facilitator continues to attend meetings and advocate for a better response to Human Trafficking from government, government agencies and civil society.

The current funding will end in 2013 and PRADET is continually seeking funds to allow it to continue.

Fatin Hakmatek – Safe Room

The Fatin Hakmatek program continues to provide safety, counselling, medical treatment and forensic documentation of injuries as evidence for a prosecution case, for people who are victims of domestic violence, sexual assault, child abuse and abandonment.

Since opening in 2002 till December 2012, Fatin Hakmatek (Dili, Suai and Oecusse) has provided services to a total of 1,722 victims.

Medical, Forensic and Psychosocial Support in 2012

In 2012 Fatin Hakmatek (Dili, Oecusse and Suai) received 301 new referrals and 245 Medical Forensic Examinations were performed. Referrals are received from all 13 districts in Timor Leste, and in 2012, 79% were referred by VPU Police. More cases are being reported following the introduction of the Domestic Violence Legislation but at this stage only a few have proceeded to the Tribunal.

The Fatin Hakmatek program proudly opened two new facilities in 2012. Fatin Hakmatek Oecusse was inaugurated in February and Fatin Hakmatek Suai in September 2012. These purpose-designed facilities are located in hospital grounds for easier access to further medical treatment and offer victims 24 hour security. They aim to provide a homely environment with space for clients, staff and volunteers to work and relax in. Each service also has two temporary sleeping rooms for victims and

their children. All Fatin Hakmateks are open five days with an after hours service for emergencies and have a 24 hours mobile phone number. Fatin Hakmatek safe houses provide counselling, medical treatment (injuries, STIs), forensic documentation of injuries and collection of evidence for a possible court case, practical assistance (food, clothes and transportation), emergency accommodation (up to three nights) and follow-up services and referral to other agencies.

Follow up

The Fatin Hakmatek program makes follow-up visits to previous victims and their family members to provide support and to encourage them to ask for help from the community, particularly local authorities, if they have any problems that concern their safety and well-being. In 2012 67 previous victims had follow-up visits.

Improving service delivery





A Medical Forensic Protocol to document injuries and collect evidence to support a possible prosecution was first developed in 2004 and subsequently revised by Fatin Hakmatek. This single protocol

allows documentation of injuries from domestic violence, sexual assault and child abuse, males and females, adults and children. It is written in 3 languages, Tetum, Portuguese and English to accommodate the different languages in Timor Leste. PRADET is very proud of this unique protocol, which has come to the attention of WHO.

Fatin Hakmatek has produced a training curriculum and handbook for examiners that has been accredited by the Ministry of Justice, the Prosecutors Office, the Ministry of Health and INS (Institute Nacional da Saúde). The training consists of 5 days of theory, observing at least 2 examinations, performing at least 2 examinations under observation and successfully completing a written examination.

Twenty doctors and senior midwives from Fatin Hakmatek in Dili and the five Referral Hospitals, received their Accreditation Certificates in March 2012. Three more health workers from Oecusse have completed their training and another 8 health workers have completed the theory. Training of health workers will continue in 2013.

Fatin Hakmatek also provided two days training to Police including VPU and community Police in Oecusse about the importance of the Medical Forensic Examination, Domestic Violence Law, PRADETs activities, and the referral system. There were a total of 27 participants for this workshop. The training was provided in collaboration with PRADET, UNMIT Justice Department, JSMP and MSS. PRADET hopes that training such as this will improve medical and justice outcomes for victims in isolated districts.

Community Education

In 2012 Fatin Hakmatek provided 24 workshops to 420 community members and 752 students in 13 sub districts across Timor-Leste. These workshops are an important part of identifying and promoting local referral pathways to assist victims to access care and to prevent further violence. Topics include the nature and impact of domestic violence, sexual assault, abandonment and child abuse, the

myths that support the offenders, the legislation, strategies for responding to victims and strategies for prevention.

On the 9th December 3 staff of Fatin Hakmatek, Dili provided a one day seminar to the community in Suai sub district Zumalai as a part of the 16 Days Against Violence. The seminar had 51 participants coming from 8 villages including 2 women Xefe de Suco. The seminar was facilitated by PRADET staff with JSMP, Zumalai sub-district Administrator and staff from Fatin Hakmatek Suai. The participants were interested to know what PRADET had done for victims since opening their new service in Suai and how it is linked to Timorese Law. Another statement was made by participants that they have cases but that they don't know how or to who to refer their cases as they don't have money for transportation. Participants raised the issue of wanting to help victims but being afraid because of lack of protection from the suspect's family.

This seminar is important for us so we can know how to solve the problem by legal processes because we have problems but we only use traditional methods to solve the case.

Participant in 16 Days Against Violence Seminar Zumalai

PDAJJ - Peace and Democracy Assistance for Juvenile Justice

The Peace and Democracy Assistance for Juvenile Justice (PDAJJ) program provides psychosocial support and information to young people in prison, and people in 72 hours detention as well as community workshops on alcohol, drugs and managing emotions with the aim of reducing the impact of violence in the community.



The prison program

PDAJJ provides a psychosocial service to young men who have been charged with serious crimes and those who are already serving a prison sentence. PDAJJ staff visit Becora prison once a week and provide activities and support to prisoners under the age of 25. Activities include one on one support, information on the impact of drugs and alcohol and managing emotions and assisting families to visit young people in prison.

Information sessions are provided to young prisoners that include topics such as management of emotions, responding to stress and managing anger plus the impact of alcohol and drugs. Information sessions like this not only provide young people with new strategies but also encourage prisoners to reflect on their behaviour.

The Yoga project

In October 2012 a PDAJJ staff member was supported to attend Yoga Teacher training in Bali with the aim of creating a continuing activity for young prisoners to reduce stress and manage their emotions. The staff member is now an accredited Yoga instructor and intends to train other staff in PRADET as well as use his new skills with prisoners in Becora Prison. PRADET is grateful for the donations received to support this unique professional development opportunity.

Family Visits

When young people encounter difficult situations in their lives they need maximum support from people who are close to them, like their mother and father or other members of their

"... with this information we can change our selves and prepare ourselves to live, in the future if we return to our families."

Young person in Becora Prison

family. It is often difficult for family members to visit them in prison, due to the expense of travelling from the districts or sometimes due to the reluctance to engage with their family member due to the nature of the crime they committed. This can impact heavily on the young prisoners and their reintegration into the community. PRADET identifies young people whose families do not visit them and supports families to support the young person.

72-Hour Detention

PDAJJ offers assessment and counselling to people who are arrested and detained in 72-hour detention, before they are released back into the community. In 2012, 41 people in 72 hour detention received assistance including 2 women.

"... these visits give me new energy. I feel satisfied and don't feel abandoned again by my family"

Young person in Becora Prison

Alcohol and drugs community education

As well as providing direct services to young people in prison and 72 hour detention the PDAJJ program delivered 10 community education workshops to 212 community leaders, in 6 subdistricts as well as 2 workshops to 65 prisoners and 15 guards in both Becora and Gleno prisons. Workshops included information about Alcohol, Drugs and Management of Emotions. PDAJJ conducts workshops in partnership with Community Police.

The objective of community education is to increase community awareness about the impact of alcohol and drugs in terms of health and to reduce violence by providing strategies to manage strong emotions without the use of alcohol and drugs.

Child Protection Program

As part of a broader program funded through PLAN International PDAJJ staff delivered 5 workshops to 154 participants including parents, teachers and leaders and separate workshops for students. These workshops allowed participants to share information on how to make their communities secure and safe for young people, including information on psychosocial issues and child development.

Advocacy

On the 6th of March PDAJJ with PNTL, NGO Belun and the Ministry of Health held a seminar at Hotel Timor about the Use and Abuse of Alcohol and Drugs in Timor-Leste. The aim of the seminar was to motivate leaders to create regulations about drugs and alcohol, including the regulation of production and sale of alcohol, and legislation about drugs.

"... I can manage my time and also my income that I have now and I can give a good example to my children."

Participant in Alcohol and Drugs training



**PRADET TIMOR LOROSA'E
INCOME STATEMENT
FOR THE YEAR ENDED 31ST DECEMBER 2012**

| | 2012 | 2011 |
|---------------------------------------------|---------------|---------------|
| | \$ | \$ |
| Revenue | 609,254 | 537,401 |
| Program costs | 539,034 | 523,588 |
| Other income | 70,220 | 13,813 |
| Administration expenses | 21,530 | 5,587 |
| Excess of revenue over disbursements | 26,047 | 39,444 |
| Surplus (Deficit) | 65,703 | 20,044 |

PRADET TIMOR LOROSA'E
STATEMENT OF FINANCIAL POSITION AS AT 31ST DECEMBER 2012
FOR THE YEAR ENDED 31ST DECEMBER 2012

| | 2012 | 2011 |
|----------------------------------|----------------|----------------|
| | \$ | \$ |
| ASSETS | | |
| CURRENT ASSETS | | |
| Cash and cash equivalents | 205,291 | 118,030 |
| Trade and other receivables | 5,942 | 3,689 |
| TOTAL CURRENT ASSETS | 211,233 | 121,719 |
| LIABILITIES | | |
| CURRENT LIABILITIES | | |
| Trade and other payables | 190,983 | 167,172 |
| TOTAL CURRENT LIABILITIES | 190,983 | 167,172 |
| TOTAL LIABILITIES | 190,983 | 167,172 |
| NET ASSETS | 20,250 | -45,453 |
| EQUITY | | |
| Retained Earnings | 20,250 | 45,453 |
| TOTAL EQUITY | 20,250 | 45,453 |

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| <p>PRADET TIMOR LOROSAE DIRECTORS' REPORT</p> <p>Your directors present this report on the entity for the financial year ended 31 December 2012.</p> <p>Directors The names of each person who has been a director during the year and to the date of this report are: Silvano Pinto Baptista Teresa Vendiol de Anjo Antonia Carmen de Cruz Felicino da C.A. Pinto Manuel dos Santos</p> <p>Directors have been in office since the start of the financial year to the date of this report unless otherwise stated.</p> <p>Principal Activities The principal activity of the entity during the financial year were to provide a psychosocial service for people who have experienced trauma, mental illness and other psychosocial problems in East Timor. No significant changes in the nature of the entity's activity occurred during the financial year.</p> <p>Operating Results The surplus for the year amounted to \$65,703 (2011: \$-20,044).</p> <p>Review of Operations A review of the operations of the company during the financial year and the results of those operations found that there were no material changes from the previous year. No significant changes in the entity's state of affairs occurred during the financial year.</p> <p>After Balance Date Events No matters or circumstances have arisen since the end of the financial year which significantly affected or may significantly affect the operations of the company, the results of those operations, or the state of affairs of the company in future financial years.</p> <p>Future Developments The entity expects to maintain the present status and level of operations.</p> <p>Indemnifying Officers or Auditor No indemnities have been given or insurance premiums paid, during or since the end of the financial year, for any person who is or has been an officer or auditor of the entity.</p> <p>Proceedings on Behalf of the Entity No person has applied for leave of Court to bring proceedings on behalf of the entity or intervene in any proceedings to which the entity is a party for the purpose of taking responsibility on behalf of the entity for all or any part of those proceedings. The entity was not a party to any such proceedings during the year.</p> <p>Auditor's Independence Declaration The lead auditor's independence declaration for the year ended 31 December 2012 has been received and can be found on page 2 of the directors' report. Signed in accordance with a resolution of the Board of Directors.</p> <p>Board Member  Dated this 11 day of 09 2013</p> |
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INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF PRADET TIMOR LOROSA'E

We have audited the accompanying financial report of PRADET, which comprises the balance sheet as at 31st December 2012 and the income statement, statement of recognised income and expenditure and cash flow statement for the year ended on that date, a summary of significant accounting policies and other explanatory notes and the directors' declaration.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

In our opinion, the financial report of PRADET, include:

- a. giving a true and fair view of the company's financial position as at 31st December 2012 and of their performance for the year ended on that date; and
- b. comply with East Timorese regulations.

Name of Firm: Houston & Co Pty Limited

Name of Partner: Owen Houston Registered Company Auditor No 4548

Address: : Suite 4 113 Willoughby Road Crows Nest NSW 2065



Dated this 11th day of July 2013

PRADET Board Members 2012

| | | | |
|-------------------------|-------------------------|------------------|-----------------|
| Silveiro Pinto Baptista | Assistant Director | PDHJ | Board President |
| Carmen da Cruz | Director | MSS ,DNACS | Board Member |
| Mira M. da Silva | Ex Director | PRADET TL | Board Member |
| Olga dos R. Marcal | Senior Health Worker | Clinika B. Pite | Board Member |
| Manuel dos Santos | Director | PRADET TL | Board Member |
| Alita Verdial | Chief Executive Officer | Alola Foundation | Board Member |

MANAGEMENT

Director PRADET

Manuel Dos Santos

Advisor

Susan Kendall AM

Medical Consultant

Dr Margaret Gibbons

ADMINISTRATION & FINANCE

Finance Manager

Antonio Esteves

Esperanca Magno Ximenes

Sabino Pereira

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PRADET is thankful for all the support it receives from its partners and donors,

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EAST TIMOR JUSTICE SECTOR SUPPORT FACILITY A Bilateral co-operation between the governments of Timor-Leste and Australia 2008-2013.



In 2003, in order to promote their service PRADET, conducted a weekly half hour radio program that was broadcast across Timor Leste.

One of these programs was about schizophrenia. Information about the causes, type of illness, symptoms, and treatment available was discussed by the PRADET presenter including how to access treatment. The father of a young man who was being treated for schizophrenia was interviewed and talked about his son's condition and treatment.

About a week later a man about 40 years of age, appeared at the PRADET office, dressed in mountain clothes with a small cloth bag on his shoulder, looking unwashed and exhausted. He had heard the radio program and thought the program was about him. He heard voices, often lost track of time, was often confused about where he was, his family described him as "mane bulak", (crazy man) and would laugh at his behaviour making him ashamed. Traditional treatment had had no affect and he was depressed that he couldn't work for his family. As he had no money,

he decided to walk down the mountain to PRADET to get treatment, a journey from his home in Ainaro to Dili that took him about 10 days.

PRADET staff gave him food and drink, found him a place to stay in Dili and assessed his mental health condition. It was established that he did indeed have schizophrenia and he was given medication to treat this illness. After about 4 weeks his condition had improved significantly and PRADET staff drove him back to his village in Ainaro, met with his family to explain what had happened, that he was now taking medication and how to contact PRADET if his condition deteriorated.

The PRADET counsellor, who was responsible for following up clients in Ainaro, continued to see him on his regular visits to the district and reported that he was continuing to take his medication, the family were delighted and he was working in the coffee plantation.

Ten years later PRADET continues to work with individuals and their families, to support their strength and determination to recover from trauma and mental illness.





Fatin Hakmatek is a national service that offers after- hours assistance for victims of domestic violence, sexual assault and child abuse, if you need assistance please call:

| | |
|------------------------------|-----------|
| Fatin Hakmatek Dili/National | 7725 4597 |
| Fatin Hakmatek Oecusse | 7779 5882 |
| Fatin Hakmatek Suai | 7800 0907 |
| Fatin Hakmatek Maliana | 7808 8591 |

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